

Resource Guide for Santa Barbara County

This resource list is a starting guide, tailored specifically for people experiencing homelessness. It is not meant to provide an exhaustive list to every resource available & the list is open to suggestions & revisions. Common Ground Santa Barbara County does not endorse any particular service, residential, outpatient program or sober living facility. This list is provided for information only. You can also call the 211 Helpline – dial 211 from a phone for referrals to services throughout Santa Barbara County.

Immediate Goals

Emergency/Shelters

Countywide Freedom Warming Centers

Call the hotline for which shelters are activated Hotline: 805-324-2372 warmingcenters@ussb.org

Bridge House Emergency Shelter, Lompoc

Emergency shelter. Referrals for financial, medical, & other services. 56 beds, emergency food managed by Good Samaritan Shelter 2025 Sweeney Road, Lompoc Phone: 805-735-4390

Domestic Violence Solutions, Countywide

Confidential emergency shelters for up to 45 days. Men, women & children Survivors of domestic violence

- 24 hr hotline/phone:
- Lompoc: 805-736-0965
- Santa Barbara: 805-964-5245

• Santa Maria: 805-925-2160

Good Samaritan Emergency Shelter, SM

90 day facility providing shelter to men, women, & children. Dinner & continental breakfast After school tutoring for children Showers & laundry room use 401 W Morrison Ave., SM Phone: 805-347-3338 ext.101

New Beginnings Safe Parking Program, SB

Safe place to park your vehicle & sleep overnight legally. Must have current license, registration & insurance. Usually has a waitlist. 324 E Carrillo St, C, SB Phone: 805-845-8492

Noah's Anchorage Youth Crisis Shelter , SB

Temporary shelter for youths Ages 10-17 Drop In Center: Mon-Fri time: 9am-1pm. Oceanhills Covenant Church, 821 State St B, SB Phone: 805-963-8775. Phone: 805-963-8775 (24 hr)

PATH - Santa Barbara

Interim housing facility is dedicated to helping homeless individuals access the services they need to improve their health, increase their income, & transition to stable housing. 816 Cacique St, SB Phone: 805-884-8481

Santa Barbara Rescue Mission

Overnight stay, Showers, Breakfast & Dinner, Chapel 7pm (optional) Note: showers, dinner & breakfast available even if not staying overnight Check In:

Women : Mon-Sat 4pm (showers open 3:30pm). Sun 3pm. Men: Mon-Sat: 6:15pm. Sun: 5:15pm 535 E Yanonali St, SB, Phone: 805-966-1316

Transition House Family Shelter, SB

Emergency shelter & homelessness prevention for families. Shelter admittance based on bed availability. Call M-F 9am-5pm. 425 E Cota St, SB, Phone: 805-966-9668

Day Centers

Fr Virgil Cordano Ctr, 4020 Calle Real, Suite 2 SB Day: Mon - Fri: 9am - 3pm Phone 805-563-1051

Mental Wellness Center (with referral)

Day: Mon-Fri Time: 9am-3pm 617 Garden St, SB Phone: 805-884-8440

Noah's Anchorage Youth Drop-In

Center (ages up to 21) Day: Mon-Fri time: 9am-1pm. Oceanhills Covenant Church, 821 State St B, SB Phone: 805-963-8775.

Santa Barbara Rescue Mission, 535 E

Yanonali St, SB Phone: 805-966-1316 Days: TBA

Food

In this section you will find a selection of countywide food options. The Foodbank & their partner programs can assist you with emergency food, meals, nutrition education & other services. Please use these Emergency Food Referral Lists for locations, dates, & times of distribution sites. The Foodbank is not a distribution site for individuals: www.foodbanksbc.org/get-help

www.foodbanksbc.org/get-help North County: 805-937-3422 ext. 0 South County: 805-967-5741 ext. 0

Breakfast

Pershing Park, SB Sun 9am -100 Castillo St, SB

The Salvation Army Transition & Recovery Center

Sun-Sat 7- 9am Burritos served until out 423 Chapala St, SB Phone: 805-962-6281 x 108

Santa Barbara Rescue Mission

Daily at 6am 535 E Yanonali St, SB Phone: 805-966-1316

Lunch

Bethany Lutheran Church Wed 12-1pm 135 S E St. Lompoc

1

CAC Senior Lunch Program, Lompoc For seniors 60+ 1120 W. Ocean Ave., Lompoc Phone: 805-310-1557

Feed Lompoc Food on 1st & 3rd Thurs 10am-noon 125 North C St., Lompoc Phone: 805-735-7525

Goleta Beach, #A Tues 11:30-12:30pm 5986 Sandspit Rd, Goleta

Light & Life Goleta Sun 12:15 pm People's Park, IV e-mail: Ilgoleta@gmail.com

Mental Wellness Center, SB

Lunch Mon - Fri 12- 12:30pm Members only/mental health referral needed. 617 Garden St, SB Phone: 805-884-8440

Salvation Army SM

Lunch provided Mon-Fri 11:30am-12:45pm Resource & referrals Wed 11:30-12:30pm 200 W. Cook, SM

St. Athanasius Orthodox Church

300 Sumida Gardens Lane, Goleta Showers – 11am–1pm Lunch provided

Trinity Nazarene Church

500 E. N. Ave, Lompoc. Referrals for services, meals, showers & clothing. Every Saturday 12pm - 2pm

Dinner

Alameda Park, SB

Thurs at 6pm Doctors Without Walls- SB Street Medicine provides free medical care. Social services & referrals. 1400 Santa Barbara St, SB Phone: 805-564-5418

Community Kitchen, Lompoc

Meals for homeless/low-income Tue: 403 N. J St., Lompoc Thu: 220 W. Cypress Ave., Lompoc Fri: 333 S. I St., Lompoc Serving time 5pm

Foursquare Church, Lompoc Mon 4pm 125 North C St, Lompoc Half Century Club, Lompoc Thursdays 5-5:45pm 341 N N St, Lompoc

La Purisima Perish Hall, Lompoc Fridays 5-5:45 213 W Olive St., Lompoc

Mobile Food Bank, Lompoc 925 North F St., Lompoc

3-4pm, 3rd Mon

New Life Christian Church, Lompoc

816 North C St., Lompoc Phone: 805-736-9826 3rd Sat of the month

Pershing Park, SB

Wed 5:30pm. 100 Castillo St, SB Doctors Without Walls provides free medical care. Social services & referrals.

Santa Barbara Rescue Mission

Mon -Sat 6:15pm & Sun 5:15pm Showers, dinner & breakfast available even if not staying overnight. 535 E Yanonali St, SB Phone: 805-966-1316

St Timothy's, Lompoc

Tues 5-5:45pm 403 N J St. Lompoc

St. Brigid Fellowship Isla Vista/Goleta

Dinner Mon nights 5-6pm at St. Michaels Episcopal Church 4:30pm during winter months 6586 Picasso Road Isla Vista, Phone: 805-685-5400

Bulk Food/Groceries

Catholic Charities Bulk Food Distribution:

Mon of 4th week: 12- 4:30pm Tues-Fri of 4th week: 8:30am-4:30 pm Catholic Charities offers other services for families & individuals with addresses & ID. 609 E. Haley St, SB Phone: 805 965-7045 325 N Second St. Lompoc Phone: 805 736-6226 609 W Main St. SM Phone: 805 922-2059 941 Walnut Ave. Carpinteria Phone: 805 684-8621

Catholic Charities in Isla Vista Thurs 3:30 – 4:30 pm

6550 Picasso Rd., IV Phone: 805-965-7045

Food Bank Mobile Food Pantry & Mobile Farmers Market

Produce/non-perishable goods Map at http://foodbanksbc.org/gethelp/ lists all emergency food programs in SBC as well as address, hrs of operation & contact info.

Food For Angels, Isla Vista

The 1st. & 3rd Mon of each month, 4-6pm. Distribution at the parking lot of SB Hillel in IV. 781 Embarcadero Del Mar, IV Phone: 805-588-2681

Food Stamps (CalFresh in CA): If you

are homeless you can get CalFresh even if you do not have an address/place to cook meals. Apply in person, mail, phone, or online at www.mycalfresh.org Need photo ID & a social security number. To find out if you qualify call: 1-877-847-3663

Unity Shoppe, SB

Free Food Store. Requires referral from approved agency* & ID 1401 Chapala St., SB Phone: 805-965-4122

Clothes

Catholic Charities, SB & Lompoc

609 East Haley St, SB SB Phone: 805-965-7045 325 N Second St, Lompoc LOM Phone: 805-736-6226

Fellowship Club. SB

Clothes (members only) 617 Garden St, SB Phone: 805-884-8440

Rescue Mission -Central Coast -

Super Thrift Store Household goods, clothes, toys, & appliances 306 N. Broadway, SM Phone: 805-357-1214

Unity Shoppe

Household Goods, Baby Supplies, School & Clothing. 1401 Chapala Street, SB Phone: 805-965-4122

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General Relief

Offers short-term assistance to adults without children who need assistance with meeting basic shelter & personal needs.

Bring ID, SS#, & proof of income or disability.

Apply at:

SB Social Services

234 Camino Del Remedio, SB Phone: 805-681-4401 **SM Social Services** 2125 S. Centerpointe Pkwy, SM, 805-346-7135

Lompoc Social Services

1100 W. Laurel Ave, Lompoc 805-737-7080

Laundry (Free)

Laundry Love Santa Barbara

Offers free wash & dry & laundry soap; 2 loads per person including sleeping bags & blankets, etc. Info./volunteer **SB**: 834 N. Milpas St., SB, Every last Tues of the month at 11am sharp. Last washes at Noon. **Goleta**: 948 Embarcadero Del Norte, IV, Every last Tues of the month at 5pm sharp. Last washes at 6pm.

Loads of Love, SB

310 N. Milpas St., SB, Every 3rd Sun of the month at 1:00 PM sharp. Last washes at 2:00 PM.

Micha Mission, Lompoc

Every Sat 1-2:30pm (Doctors Without Walls every 2nd & 4th Sat) 500 E. North Ave, Lompoc Showers, clothing donations, & laundry service Phone: 805-260-6724

Morning Star Laundry at Lucky Laundry, SM

Tues 8am - Noon, Closed Holidays 809 N. Broadway, SM, CA www.crestwoodchristian.net

Women's Free Homeless Clinic, SB

Sponsored by the Doctors Without Walls SB Street Medicine. Offers laundry service & clothes at Transition House- 2nd, 3rd & 4th Fri of each Month.

Showers

Cabrillo Bathhouse, SB

Mon - Fri 8am-5pm. Showers: \$4/day; 10 visits \$34; Unlimited month pass \$52; senior discounts 1118 E Cabrillo Blvd, SB Phone: 805 - 897-2680

Lompoc, See Micha Mission above.

PATH - Santa Barbara

Must be PATH Resident 816 Cacique St, SB Phone: 805-884-8481

Santa Barbara Rescue Mission

Mon - Sat 3:30pm Women; 6:15pm Men Sun 2:30pm Women; 5:15pm Men 535 E Yanonali St, SB Phone: 805-966-1316

Showers of Blessing, South County

Monday - Isla Vista, St. Michael's Church, 6586 Picasso Rd, 2pm - 5pm Tuesday - The Salvation Army Transition & Recovery Center, 423 Chapala St, 7am-9am Wednesday - Our Lady of Guadalupe, 227 N Nopal St 12-3pm Thursday - Goleta, St. Athanasius Orthodox Church. 300 Sumida Gardens Lane, Goleta, 10am - 1pm Thursday - Alameda Park, 1400 SB St, 3:30 - 6:30pm Friday - S The Salvation Army Transition & Recovery Center, 7-9am & St. Michael's University Church, 6586 Picasso Rd, 11:00am - 1:00pm

Showers of Blessing, Santa Maria

Mons 8am - Noon, including Holidays 109 W. Cook Street, SM Showers, Haircuts, Hospitality, Monthly basics distribution www.showersofblessing.net

Women's Free Homeless Clinic, SB

Sponsored by the Doctors Without Walls SB Street Medicine. Offers laundry showers, medical services, lunch & clothes at Transition House-2nd, 3rd & 4th Fri of each Month.

Short & Long Term Goals

Birth Certificates

California

In person: Hall of Records; 1100 Anacapa St, SB Online, which is recommended: www.vitalchek.com/birthcertificates/california/santa-barbaracounty-clerk-recorder Must submit a Sworn Statement & notarized Certificate of Identity before the order will be processed, cost \$30-\$44.95

Out of State: Go to the birth State's website. Most offer the use of VitalChek services, you can avoid the VitalChek fees by applying directly to the state's Vital Records department (usually part of Department of Health & Human Services). If you have no picture ID, another person can vouch for your identity in some states.

Santa Barbara Fee Exempt Birth Certificate For A Homeless Individual

Santa Barbara County Clerk Recorder Phone: 805-568-2251

SB County Recorder Hall of Records, SB County Courthouse

Courtnouse 1100 Anacapa St, SB SB Phone: 805-568-2250 SM Gov Center 511 E Lakeside Parkway #115, SM SM Phone: 346-8370 Lompoc County Clerk Recorder 401 E Cypress, #102 Lompoc Phone: 805-737-7705

California Identification

Department of Motor Vehicles. If you have had a CA I.D. in the last few years you can get a new one with a thumbprint as proof of identification. If not, you will have to bring your birth certificate. 535 Castillo St, SB Phone: 800-777-0133

Note: Some non-profits , including PATH & Home For Good, may provide a fee waiver.

Education

Allan Hancock College, SM 800 S College Dr, SM 805-922-6966

SB City College (SBCC)

721 Cliff Dr., SB Phone: 805-965-0581 | www.sbcc.cc.ca.us

SB City College CalWORKs Department

If you receive CalWORKs/TANF & are (or would like to be) enrolled at SBCC you are eligible. Must receive cash aid assistance for yourself, not just your children. College provides education, employment training, support services & work study opportunities to increase wage earning power & lead to selfsufficiency. 721 Cliff Dr., SB, ECC-20

Phone: 805-965-0581 Ext. 4753

Student Support Services/STEP at SBCC

Education & career advising. Maria Lopez Manzo, Program Advisor Phone: 805-898-8121

The Schott Center, SB

310 W. Padre, SB Phone: 805-687-0812

The Wake Center, SB 300 N. Turnpike, SB Phone: 805-964-6853

Employment & Community Service Work

Welfare to Work (WTW) provides assessment & case management services to assist CalWORKs adults in developing goals & a plan to obtain employment, & provides transitional supportive services such as subsidized child care, transportation assistance, & work- or training-related expenses to address barriers to finding & keeping a job. **Lompoc Social Services** 1100 W Laurel Ave, Lompoc Phone: 805-737-7080 Santa Barbara Social Services 234 Camino Del Remedio. SB SB Phone: 805-681-4401 Santa Maria Social Services

2125 S. Centerpointe Parkway, SM SM Phone: 805-346-7135

Department of Rehabilitation

Vocational rehabilitation services to individuals with disabilities. Phone: 805-560-8130 509 E. Montecito St. #101, SB

Employment Development Department

Unemployment/unemployment insurance eligibility information. 130 E. Ortega St., SB, SB Phone: 805-568-1296 x2 1410 S Broadway E, SM SM Phone: 805-348-3210

Goodwill Workforce Services SM: 210 E. Enos Drive, Ste. E Phone: 805-982-5282

Labor Ready, SB & SM

Dispatches temporary associates to jobs in construction, manufacturing, hospitality, events, restoration, auto services, logistics & warehousing, retail support, waste & recycling & more.

*Labor Ready SB

123 E. Carrillo St, SB SB Phone: 805-963-5370 *Labor Ready SM 409 E Church St A,SM SM Phone: 805-739-8885

Marketableyou.org

Self-paced, computer-based training 601 E. Ocean Ave. Ste. 18, Lompoc Phone: 805-944-7568

Work Force Resource Center

Job search, résumé, education, training & labor market info. **SB Work Force Resource Center** 130 East Ortega St, SB SB Phone: 805-568–1296 x1 **SM Work Force Resource Center** 1410 S Broadway # A, SM SM Phone: 805-614-1550

Housing Support

Newly housed people will likely still need support to maintain housing. Many resources in this guide will apply to people who have been recently homeless but are now housed. This section contains additional resources.

Adult Protective Services (APS)

Each county has an APS agency to help elder adults (65 years +) & dependent adults (18-64 who are disabled), when adults are unable to meet their own needs, or are victims of abuse, neglect or exploitation. County APS investigates reports of abuse of elders & dependent adults who live in private home, hotels, hospitals & health clinics when the abuser is not at staff member. (The Licensing & Certification program of the CA Department of Health Services h&les cases of abuse by a member of a hospital or health clinic.) County APS staff evaluates abuse cases & arranges for services such as advocacy, counseling, money management, out-of-home placement, or conservatorship. Adult Protective Services Toll Free Hotline: 844-751-6729 Reporting website: www.reporttoaps.org

Housing Authority City SB Furniture

Closet program for newly housed individuals

In-Home Supportive Services (IHSS)

Pays for services so that a person can remain safely in your own home. Must be over 65, or disabled, or blind. Disabled children are also eligible for IHSS. IHSS is an alternative to out-ofhome care, such as nursing homes or board & care facilities. In-Home Supportive Services Lompoc: 805-737-6020 Santa Barbara: 805-681-4550 Santa Maria: 805-346-8303

PathPoint, Countywide

Counseling/Therapy Serving CenCal beneficiaries adults & children. Please call 805-963-1086 for an appointment. 402 E Carrillo St, Ste B, SB Phone: 805-963-1086 www.PathPoint.org

4

Legal & Advocacy

Tickets related to homelessness may be dismissed with the completion of volunteer service using a form. Restorative Court in Santa Barbara is available to people experiencing homelessness with tickets who are referred to the Court by specific City & County Departments. People with tickets can contact a private attorney, non-profit, advocacy group or the Public Defender.

Amberger & Chamberlain, Disability Law, 735 State St, Suite 512, SB Phone: 805-618-1600

Bankruptcy Clinic

Clerk's Office Bankruptcy Court Free legal help weekly on Fri: 10am– 12pm 1415 State St, SB General information: 855-460-9641

California Rural Legal Assistance

Walk-in hours Mon-Thurs 1pm-5pm. Practice covers housing labor & employment, education & public benefits for eligible clients. **Santa Maria Office** 2050 G S. Broadway, SM SM Phone: 805-922-4563

Families ACT!

Advocacy group for dually diagnosed people & their families. Phone: 805-637-1339

Family Law Facilitator

Signup starting at 8am. Procedural direction in the following types of cases: Department of Child Support Services, Child support cases, Dissolution (divorce), legal separation, nullity (annulment) & paternity cases: -Child support issues -Spousal support issues -Child custody & visitation issues (limited assistance available) -Initiating or finalizing a case (limited assistance available) 1100 Anacapa St, SB Phone: 805-882-4660

Legal Aid Foundation of SB County

Domestic Violence/SA TROs, L&lord Tenant Law SB: 301 E. Canon Perdido St, SB, Phone: 805-963-6754 LOM: 604 E Ocean St. Ste. B, Lompoc Phone: 805-736-6582 SM: 301 S. Miller St. Ste. 121, SM Phone: 805-922-9909

Independent Living Resource Center

Consumer-based non-profit of, by & for persons with disabilities **SouthCounty Office** 423 W. Victoria St, SB SB Phone: 805-963-0595 **NorthCounty Office** 327 E. Plaza Drive, #3A, SM

SM Phone: 805-925-0015

Legal Resource Centers, Countywide

Help with legal forms including small claims actions, restraining orders & l&lord-tenant law SB County Superior Court, McMahon Law Library, 2nd Floor 1100 Anacapa St, SB Phone: 805-568-3303 Mon-Wed, Fri: 9am-12pm, 1:30-4pm; Thurs: 9am-12pm 1-3:30pm Lompoc: 115 Civic Center Plaza SM: 312 E. Cook St.

Law Offices of Lisa C. Gilinger, Disability Law 635 N. Alisos St, SB Phone: 805-568-5370

National Alliance on Mental Illness -Southern Santa Barbara County (NAMI)

Free meetings & advocate services take place on the 4th Thurs of each month at 6 pm, 1st floor, Mental Wellness Center, 617 Garden St, SB.

Parole Operations

1555 W. 5th St., Oxnard, Phone: 805-382-8151

Project Outreach (SB & Goleta)

Volunteer lawyers provide "advice only" outreach at community centers, & offer pro bono representation in certain types of cases. Clients are seen on a "first-come, first served" basis, so arrive before 4pm to sign up. Doors close at promptly at 4pm. Please call the community center ahead of time to ensure an attorney will be present. The current hours of operation & locations are: *Franklin Neighborhood Center Tues, 4–6pm 1136 E. Montecito St, SB Phone: 805-897-2582 *Goleta Valley Community Center Wednesday, 4–6pm 5679 Hollister Ave, Goleta, Phone: 805-967-1237 *Westside Community Center Thurs, 4–6pm: 423 W. Victoria St, SB Phone: 805-897-2560

Public Defender, Santa Barbara Office

1100 Anacapa St #3, SB Phone: 805-568-3470

Rental Housing Mediation Program 630 Garden St, SB Phone: 805-564-5420

Restorative Policing, SB Officer Hove 805-331-6641

Santa Barbara County Probation Department *Santa Barbara

117 E. Carrillo St., SB Phone: 805-882-3753

*Santa Maria 2121 Centerpointe Pkwy # 1, SM, Phone: 805-739-8500

Santa Barbara County Bar Association Lawyer Referral Service 15 W. Carrillo St, 106, SB Phone: 805-569-9400

Medical Care, Dental Care, Detox, Eyeglasses & Prescriptions (No or Low Cost)

American Indian Health & Services

Serves people of all ethnicities. Behavioral health counseling, community health, family practice, internal medicine, pediatrics, podiatry, substance abuse counseling Clinic: Mon-Fri 8am-6pm 4141 State St. A-3, SB Phone: 805-681-7144

Another Road Detox Center

Support & guidance for those going through withdrawals in a residential environment. 604 West Ocean Ave, Lompoc Phone: 805-736-0357

Community Health Centers

 Lompoc Clinic- 425 W Central Ave, Ste 201. (805) 737-1169 Dental services- (805) 735-2846 Santa Maria Mobile Health Unit Immediate care & health screenings Salvation Army (200 W Cook St, SM) Mon 11 am- 1:30 pm 200 W Willams St, SM, Wed 8:30am-1:30 pm (805) 451-3898 communityhealthcenters.org

Denti-Cal Providers SBC

1-800-322-6384

Doctors Without Walls- SB Street Medicine

Free, volunteer medical care to the most vulnerable in SB County. 4 clinics serve the diverse medical needs of SB. Year round, rain or shine. Clinics: • Isla Vista Clinic (6586 Picasso Road Isla Vista,)-Every other Mon 5pm • Lompoc Clinic500 E North Ave,

Lompoc. Every 2nd & 4th Sat.

• Pershing Park & Mobile Clinics-Every Wed 5:30pm.

• Alameda Park Clinic- Every Thurs 6pm.

• Women's Free Homeless Clinic at Transition House (434 E Ortega St) 2nd, 3rd & 4th Fri of each Month from 9:30am-2pm. Free medical care, showers, laundry, clothing & lunch. Free roundtrip transportation from Transit Station, SB Library & PATH.

Eastside Neighborhood Clinic

Clinic: Mon-Fri 8:45am-6pm, Sat 8:45am-12pm 915 N. Milpas St., SB Phone: 805-963-1641

Eastside Family Dental Clinic, SB

Education, prevention, comprehensive & emergency treatments for oral health.Clinic: M-F 7:45 am to 6:30 pm 923 N. Milpas St., SB Phone: 805-884-1998

Emergency Rooms

For emergencies only 911 for medical crisis, or behavior that is a danger to self or others

Lompoc Valley Medical

1515 E Ocean Ave, Lompoc, Phone: 805-737-3300 Marian Regional Medical Center, SM 1400 E Church St, SM Phone: 805-739-3000 SB Cottage Hospital Emergency Rm 400 W. Pueblo St. SB

Phone: 805-682-7111

Franklin Health Care Center, SB

Appointments for infants, children, adults, seniors & women's health services Clinic: Mon-Fri 8am-5pm 1136 E. Montecito St., SB Phone: 805-568-2099

Franklin Health Care Center @ PATH - Santa Barbara

Primary care, family planning, STD, CHDP, immunizations Mon, Wed, Fri: 8am-12pm

Goleta Neighborhood Clinic 5580 Calle Real, Goleta

805-617-7878

Isla Vista Neighborhood Clinic

970 Embarcadero del Mar, Goleta 805-968-1511

Lompoc Valley Compressive Care Center 216 N 3 St. 805-736-3466

PATH - Santa Barbara *Check in 9am. 816 Cacique St, SB Phone: 805-884-8481

Planned Parenthood

Emergency contraception, Pregnancy testing, Sexually Transmitted Infection testing, Urinary tract infection testing & treatment, Birth control pickup (for patients with active prescriptions on file with this health center) 518 Garden St, SB Phone: 888-898-3806 for walk in hours

Medical Detox Cottage Hospital (with insurance)Phone: 805-569-7253 (Intake)

Project Recovery Detox Program

Safe, alcohol-& drug-free environment for alcoholics & addicts who have the desire to become clean & sober. 14day, social model residential detox. Proof of TB Test & a medical clearance form are required. Phone: 805-963-1836

Recovery Point Acute Detox

401-B W. Morrison Ave. SM Phone: 805-3473338 ext 102

Sansum Clinic Urgent Care, SB 1225 North H St., Lompoc Phone: 805-737-8786

Santa Barbara Cottage Hospital

408-bed acute-care teaching hospital Pueblo at Bath St, SB. Phone: 805-682-7111

Santa Barbara County Public Health

Carp: 931 Walnut Avenue, Carpinteria Phone: 805-560-1050 Lom: 301 North R Street, Lompoc, Phone: 805-737-6400 SB: 345 Camino Del Remedio Phone: 805-681-5488 SM: 2115 S. Centerpointe Parkway Phone: 805-346-7230

Santa Maria Recovery Point Detox

Provides residential detoxification services in social model setting for up to 14 days. Detoxification program for homeless veterans is available for up to 90 days.

401 "B" W Morrison Ave, SM Phone: (805) 347-3338 ext. 102

Santa Maria Health Care Center

Primary care appointments for men, women, & children. Clinic: Mon-Fri 8am-5pm • Urgent Care: walk-in Mon-Fri 8am-4pm • Saturday Walk-in Clinic: ages 5 & up Colds, coughs, & minor sprains 2115 S. Centerpointe Parkway Phone: 805-346-7230

SM Health Care Center @ Good Samaritan

Mon & Wed 8am-12pm, 5-8pm Thu 8am-12pm Primary care, family planning, STD, CHDP, immunizations 401-C West Morrison Ave, SM

Westside Neighborhood Clinic

Clinic: Mon-Tues 9am-6pm, Wed-Fri 9am-7pm, Sat 9am-12pm 628 W. Micheltorena St., SB Phone: 805-963-1546

Medical Insurance / Programs

Benefits & Referral Center

Mon-Fri 8 am- 5pm For information about eligibility & how to apply visit: www.sbcphd.org Phone: 805-681-5390

Covered California

You can apply for a Covered California health insurance plan online at www.CoveredCA.com or by calling (800) 300-1506. To apply have the following information available: Number of people being enrolled (include all birthdates) Social Security number for all Zip Code Legal Immigration information

Info about status as member of federally recognized tribe.

Healthcare for the Homeless Program

Depending on income, you may qualify for reduced or no fee services. Patients will not be refused service based on ability to pay. Visit the Health Care for the Homeless website at www.sbcphd.org/hch for details including Health Center locations, services & free transportation from downtown shelters. Health insurance counseling for seniors 1-800-434-0222

Medi-Cal

CA's Medicaid health care program. Pays for a variety of medical services for children & adults with limited income & resources. Apply regardless of sex, race, religion, color, national origin, sexual orientation, marital status, age, disability, or veteran status. If you are found (or determined) eligible, vou can get Medi-Cal as long as you continue to meet the eligibility requirements. Apply at: Department of Social Services. See Lompoc, SB & SM listings in this Resource Guide. Apply at: PATH Walk-in Health Clinic-M-F-8:30-11 816 Cacique St, SB Phone: 805-884-8481 Apply at: Rescue Mission Walk-in Health Clinic-Tues, Thurs 8:30-11 535 E Yanonali St, SB Phone: 805-966-1316

Eyeglasses

Referrals made by SB County Public Health Nurses

SB Vision Care Program

Free, comprehensive eye examination to those who have no other means of obtaining one. If glasses are needed, a certificate for free eye glasses is provided (courtesy of the SB Eyeglass Factory). Must reside in Goleta, SB, Summerl& or Carpinteria, be classified as low income, & not have medical or vision insurance, or qualify for any federal or state funded insurance programs (Medicare, Medi-Cal, Healthy Families etc). Phone: 805-963-3303, seeintl@seeintl.org

TB Test

Note: The test needs to be read 48 to 72 hours later by someone trained in reading skin tests.

PATH, Santa Barbara

Mon-Fri 8am-12pm. Phone: 805-884-8481

SB Neighborhood Health Clinics

Call for appointment or walk in & wait.

• Eastside Neighborhood Clinic

Mon-Fri: 8:45 am-6pm, 8:45am-12pm 915 N. Milpas St., SB Phone: 805-963-1641

Isla Vista Clinic
Mon: 8am–6pm;
Tues / Wed / Thus:
8am –7pm;
Fri :8am–6pm; Sat 8:30am -12pm
970 Embarcadero Del Mar
Isla Vista
Phone: 805-968-1511

Westside Neighborhood Clinic

Clinic Hours: Mon-Tues 9am-6pm, Wed-Fri 9am-7pm, Sat 8:30am-12pm 628 W. Micheltorena St., SB Phone: 805-963-1546

Mental Health Counseling

Emergency Psychiatric/Crisis Assessment for Hospitalization. Phone: 805-569-8339

Behavioral Wellness

The Department is responsible for ensuring the provision of mental health services m&ated by the State of California for children with serious emotional disturbance, adults with serious mental illness & all Medi-Cal beneficiaries with specialty mental health needs

Santa Maria: 500 West Foster Road, 934-6380

Santa Barbara: 4444 Calle Real, 681-5190

Lompoc:117 B, Street, 737-6690

Behavioral Wellness

Offers assessment/treatment for people with severe, persistent mental illness. Call to schedule an assessment to see if you are eligible for services & referrals.

24 Hr Toll-Free Access 1-888-868-1649

Outreach

Crisis & recovery emergency services. Call for help with assessment & psychiatric

Community Counseling & Education Center 923 Olive St, Suite 1

7

HICAP

For additions or changes please email cgvolunteers@gmail.com The work that provided the basis for this publication was supported by funding from SBC Behavioral Wellness. The substance & findings of the work are dedicated to the public. The author & publisher are solely responsible for the accuracy of statements & interpretations. Such interpretations do not necessarily reflect the views of the government. [Last updated 9/4/19]

Phone: 805-962-3363 www.ccecsb.org

Domestic Violence Solutions

Survivors of domestic violence/anger management

- 24-Hour Crisis Line:
- Lompoc: 805-736-0965
- Santa Barbara: 805-964-5245
- Santa Maria: 805-925-2160 Phone: 805-963-4458

Hospice of SB (Grief Counseling) Phone: 805-563-8820

Jewish Family Services - Federation

A wide range of professional counseling & support services, without regard to religion, race, ethnicity, or disability. 524 Chapala St, SB Phone: 805-957-1116

Mental Wellness Center (formerly Mental Health Association)

Non-profit organization providing recovery, education, & family services to adults & families affected by mental illness.

617 Garden St, SB Phone 805-884-8440

New Beginnings Counseling Center

Various counseling options including Women's Group Tues 4-5pm. 324 East Carrillo St, Suite C, SB Phone: 805-963-7777 www.sbnbcc.org

Pacific Pride Foundation

Provides services to the HIV/AIDS & Lesbian, Gay, Bisexual & Transgender communities of SB County 608 Anacapa St, SB Phone: 805-963-3636 • Rapid 20 Minute HIV & Hepatitis C Testing Hours: Tuesday: 11am-2pm, Wed 3-7pm, Thurs 2-5pm

PathPoint, Countywide

Offers two programs for mental health support:

- Paths to Recovery
- Residential Support Services See Page 3 for more information on programs & for contact information. South SB County

902 Laguna St, SB SB Phone: 805.961.9200 North SB County 2450 Professional Parkway, SM Phone: 805-934-3537

Standing Together to End Sexual Assault (STESA) (Rape Crisis)

- 511 E Ocean Ave, Lompoc 24-Hour Crisis Line: 805-736-7273 Phone: 805-736-8535
- 433 E. Canon Perdido, SB 24-Hour Crisis Line: 805-564-3696 Phone: 805-963-6832
- 301 S Miller #103, SM 24-Hour Crisis Line: 805-928-3554 Phone: 805-922-2994

Transitions Mental Health

Association (RLC) Non-profit organization offering a Recovery Learning Center. The drop in center offers meals, peer run mental health services.

Lompoc

513 North G St, Lompoc, Phone: 805-819-0460 ext 153 or 152 Santa Maria 225 Inger Dr #101A, SM Phone: 805-928-0139

Victim Witness (Victims of crimes) 1112 SB St. SB

Phone: 805-568-2400, 805-568-2453 Lompoc: 805-737-7910 Santa Maria: 805-346-7529

Pregnant

St. Vincent's

Provides transitional housing & services for single mothers with income at or below poverty level. 4200 Calle Real, SB Phone: 805-683-6381

Recovery Way Home, Lompoc

Residential services for 6 mos for prenatal women & their children ages 0-5. 604 W Ocean Ave, Lompoc Phone: 805-736-0357

Transitional Center for Women & Children, SM

Residential services for 6 mos for perinatal women & their children ages 0-5.

412 E Tunnell St, SM

Phone: 805-925-0315

Villa Majella, Goleta

Maternity Home & Outreach Program 604 N. Kellogg Ave. Phone: 805-964-1650

Seniors

Adult Protective Services

To report elder or dependent adult abuse or neglect: Call Adult Protective Services toll-free: (844) 751-6729 (Mon-Fri, 8:00am-4:30pm). Reporting website: www.reporttoaps.org M&ated Reporters: ask for our fax number or mailing address while on the call, & follow up by faxing or mailing us your completed form SOC 341 (in English or Spanish). After business hours or on holidays, call Sheriff's Dispatch: (805) 692-5744. M&ated Reporters: follow up with form SOC 341.

Or, report online 24/7 at ReportToAPS (non-emergency only). M&ated Reporters: SOC 341 not required when reporting online. For abuse in skilled nursing/residential care facilities, call the Long-Term Care Ombudsman: (805) 922-1236.

Central Coast Area Agency on Aging

Specialized information & referral services for senior services. Phone: 800-510-2020 or 805-928-2552 Mon through Fri 8AM-5PM

Cliff Drive Senior Luncheon

1st & 3rd Thurs of each month, gather at the church – in upper fellowship room. Program 11am & lunch served at noon. Pastor Colleen Hurley-Bates, Pastor & Director of Adult & Spiritual Growth Ministries. Free Methodist Church of SB 1435 Cliff Dr., SB Phone: 805-965-4286 x225

Davis Center, City Parks & Rec, SB

Recreational Activities for Senior Citizens. Carrillo Recreation Center 100 E. Carrillo St, SB Phone: 805-897-2519

Edgerly & Palm Tree Apartments (Battistone Foundation)

Affordable housing for low-income seniors. Phone: 805-965-4541

Friendship Adult Day Center, South County

Day care for frail seniors & Alzheimer's individuals. Montecito: 805-969-0859 Goleta: 805-845-7442

Housing Authority of the City of SB

Local public agency that provides affordable housing as well as supportive services to eligible persons with limited incomes. The Housing Authority owns & manages hundreds of units throughout the City & also offers rent subsidies to eligible households. Senior housing includes El Patio, Villa La Cumbre, Vista La Cumbre, SHIFCO & Presidio Springs. 808 Laguna St, SB Phone: 805-965-1071 www.hacsb.org

Laguna Cottages for Seniors, SB

Affordable housing for Santa Barbara County seniors who have limited income & are able to live independently. 803 Laguna St, SB Phone: 805-965-1179

Mobile Meals (Community Action Commission)

Hot meals for homebound seniors. 5638 Hollister Avenue, Suite 230.Goleta North County: 805-925-3010 South County: 805-692-4979

Peoples' Self-Help Housing

Corporation Affordable housing throughout SB County. On-site community services Phone: 805-962-5152 www.pshhc.org

SB Community Housing Corporation

Affordable housing projects throughout SB County including El Castillo Homes senior housing. 11 E. Haley St, SB Phone: 805-963-9644

Senior Brown Bag Program

Community Programs Coordinator Paulina Llamas-Ar&a Phone: 805-967-5741 ext. 102 Cell: 805-284-5407

Senior Center (Community Action

Commission). Provides 60+ Individuals with nutritious meals, information, referrals, advocacy, consumer education adaptive exercise programs, health clinics & tax information.

To enroll in the program /learn more, call:

North County 805-925-3010 South County 805-692-4979

Villa Caridad – Senior Housing

Housing for low-income families & seniors 4202 Calle Real, SB, Phone: 805-683-4375

Transportation

PATH- Santa Barbara

Resource coaches/social workers may have bus tokens. 816 Cacique St, SB Phone: 805-884-8481

City of Lompoc Transit (C.O.L.T.)

ADA Curb-to-curb service available for persons with disabilities. 10-ride & monthly bus passes. Discount passes for students, seniors. Info at: www.cityoflompoc.com/transit/colt.h tm#info Phone: 805-736-7666

Community Partners in Caring

Services for seniors (62+) 1120 W. Ocean Ave. #113, Lompoc Phone: 805-737-1976

Easy Lift Transportation, SB

Dedicated to supporting the independence of individuals with special needs by providing safe transportation & related services. For more information on the Dial-A-Ride services visit www.easylift.org Phone: 805-681-1181

Free Easy Lift Transportation To County Campus For Medical & Social Services, SB Easy Lift Van Schedule (SB) Easy Lift is a scheduled van service to transport people experiencing homelessness to & from county medical & social services. Van runs on the following weekdays: Mon through Fri from 8:30-11:45am.

Regular Schedule, SB

First Run

8:30am – pick-up Salvation Army 8:35am – pick-up Faulding Hotel 8:40am – pick-up Rescue Mission 8:45am – pick-up Casa Esperanza All riders dropped off approximately 9am at SB Heath Care Center

Second Run

9:25am – pick-up Salvation Army 9:30am - pick-up Faulding Hotel 9:35am - pick-up Rescue Mission 9:40am - pick-up Casa Esperanza All riders dropped off approximately 10am at SB Heath Care Center

Third Run

10:25am – pick-up Salvation Army 10:30am - pick-up Faulding Hotel 10:35am - pick-up Rescue Mission 10:40am - pick-up Casa Esperanza All riders dropped off approximately 11am at SB Health Care Center

Note: 11am is the last pick-up at the SB Health Care Center to do a drop off at Casa Esperanza, Faulding Hotel, Salvation Army, or the Rescue Mission.

Greyhound

Greyhound Santa Barbara

224 Chapala Street (entrance through Amtrak parking lot). Phone: 805-965-7551 **Greyhound Santa Maria** 755 W Cypress St, SM Phone: 805-925-8841

Santa Barbara Metropolitan Transit District

10-ride & monthly bus passes, & discount passes for youth, seniors, Mobility Passes for disabled persons & Medicare card holders. If you have a Mobility pass, a one-way bus ride is 85 cents instead of \$1.75; & a month's unlimited pass is \$20.00. Identification & proof of disability are required. www.sbmtd.gov/fares-&passes/index.html

Santa Maria Area Transit

Daily & monthly bus passes Discounted passes for students, seniors, disabled persons, & Medicare card holders. Phone: 805-928-5624 http://www.cityofsantamaria.org/citygovernment/departments/publicworks-services/public-transit-services-2499

Bus Rides Home or Elsewhere

Diversion Programs

Santa Barbara Restorative Policing & Coordinated Entry Sites may be able to assist people to return home or go to another place under certain conditions

Outpatient Services

Alpha Resource Center

A broad spectrum of day services for adults, 22 years of age & older, with developmental disabilities. 4501 Cathedral Oaks Rd, SB Phone: 805-683-2145

CADA, SB

Preventing & treating alcoholism & drug abuse. Programs include: Project Recovery, Perinatal Program & Project Recovery Detox. Assessment, crisis counseling & referral services. 232 E. Canon Perdido St., SB Phone: 805-963-1433

Central Coast Headway, Lompoc

115 E. College Ave. #16 Lompoc 805-737-0015

Coast Valley Substance Abuse Treatment Center

Provides substance abuse & co-occurring treatment. Adult & adolescent services including group counseling, individual counseling, family counseling, peer support groups, drug testing.
Santa Maria: 1414 S Miller St, Ste. 11 Phone: 805-739-1512
Lompoc: 133 North F St Phone: 805-735-7525

Jodi House, SB

Supportive services, info, & programs in a nurturing environment to help brain injury survivors & their families recover & reconnect to their community. 625 Chapala St Phone: 805-563-2882

Mental Wellness Center, SB

Variety of classes/group discussions on mental illness (members only) 617 Garden St, SB Phone: 805-884-1010

PathPoint, Countywide

Offers two programs for mental health support:

Paths to Recovery

Residential Support Services
 South SB County
 902 Laguna St, SB

Phone: 805.961.9200 North SB County

2450 Professional Parkway SM SM Phone: 805-934-3537

Project PREMIE, SM

Provides drug &alcohol outpatient treatment services for perinatal women & their children. Mon-Fri 8:30 am-4:30 pm 412 E Tunnell St, SM Phone: 805-925-0315

Project Recovery, SB

Outpatient program, group & individual counseling, perinatal, day/evening treatment, support groups. Sliding scale, MediCal & cash accepted. 133 E. Haley St., SB Phone: 805-564-6057

Recovery Point , SM

Drug & alcohol outpatient treatment services. Mon-Fri 8:30 am-7:30 pm 245 Inger Dr #103 B, SM Phone: 805-346-8185

Rescue Mission Santa Barbara

Group & Individual Counseling Urinary Testing before every group Tues., Thurs 5:00 -6:15pm -Contact Alana Chessmar Phone: 805-966-1316 Ext.600

Sanctuary Psychiatric Center, SB

Outpatient & residential treatment program. Dual diagnosis. Behavioral Wellness referral for residential treatment 222 W. Valerio St., SB, Phone: 805-569-2785

Turning Point, Lompoc

Drug & alcohol treatment services for perinatal women & their children. -Mon-Fri 8:30 am-4:30 pm 604 W Ocean Ave, Lompoc Phone: 805-736-0357

Zona Seca, SB

Counseling, intervention & prevention services. Frequently referrals come from the court system. 26 W. Figueroa St., SB Phone: 805-963-8961

Residential Treatment

Bethel House for Women, SB

One-year residential program for women. 60-day restriction upon entry. Christian 12 step. 24 women, No Charge, Bilingual, No work for 9 months.

Apply online, must provide contact info. Return application to Bethel House or Rescue Mission 24 W. Arrellaga St., SB Phone: 805-966-1316 x 800

Casa Serena for Women, SB

Res. Treat - Women. Scholarships available \$3500/mo-90 days. Millie's House (mothers & children) \$1450 a mo for a shared room & \$1750 a mo for a private room 1515 Bath St., SB Phone: 805-966-1260

Central Coast Rescue Mission

1207 N. McClell& St.SM Phone: 805-614-0220

Cottage Residential Center

Dept. setting, third party payment. Live-in program with ongoing aftercare for men & women. Detox (offered through the hospital), Medical care, Outpatient programs: SB-38/PC1000 \$554/day- Private pay \$487.50 28 day program costs \$13,652 316 W. Montecito St., SB Phone: 805-569-7422

Rescue Mission --Men's Recovery Program

12-month, faith-centered, 12-step social model program. 535 E. Yanonali St, SB Phone: 805-966-1316

Recovery -12 Step

Alano Club, SB 235 E. Cota St., SB

Phone: 805-962-5013

Alcoholics Anonymous, Countywide 14 W Anapamu St., SB,

SB Phone: 805-962-3332 SM Phone: 805-925-3782 LOM Phone: 805-737-3969

Narcotics Anonymous 24-hr Line Phone: 805-569-1288

Sober Living

All Star Recovery, SB

16 male beds; \$175/week, \$700/Month 5018 Calle Real Rd., SB Phone: 805-698-4889

Cornerstone, SB

Rent \$606/month; \$150 Deposit; \$150/week 535 E. Yanonali Street, SB Phone: 805-966-1316 Ext. 600

Giving Tree, SB

Sober living home for women. Daily 12 step meetings required, \$700/month, \$150 deposit 327 E. Victoria St. Apt. C, SB Phone: 805-455-4568

Guydance House, SB

Sober living home for men; residents are required to attend at least 3 12step meetings/wk. 12 step sponsor required. \$600/month, \$175 + deposit 1818 Bath St., SB Phone: 805-896-6865

Miracle House Women's Home

For Women in recovery. A variety of supportive services including Substance Abuse Treatment, Trauma Support & Community Service. 133 N St, Lompoc Phone: 805-735-9980

New House II & III, SB

Sober living home for men.12 step meeting & sponsor required. No minimum stay. \$210 per week (includes 3 meals a day) 2434 Bath St., SB Phone: 805-563-6050 www.sbnewhouse.org

Project PREMIE

Provides drug &alcohol outpatient treatment services for perinatal women & their children. Mon-Fri 8:30 am-4:30 pm 412 E Tunnell St, SM Phone: 805-925-0315

Sunset Farm Men's Recovery Home

A sober living home & working farm. 133 N. F St, Lompoc Phone: 805-735-7525

Stalwart Clean & Sober

Dual Diagnosis residential facilities for men & women \$170/Week or \$680/month Phone: 805-722-2913

Villa Majella, Goleta

Program for pregnant women; 7 beds; classes in parenting, pregnancy, recovery; counseling s Clean & sober 30 days prior to entry into house. Call for appointment & interview. Fee: \$250/month, \$50 due at admission 604 N. Kellogg Ave., SB Phone: 805-964-1560

Housing

Transitional Housing

Transitional Housing is a step between the streets & permanent housing. This list is not exhaustive but will give you an idea of the type of options.

PATH- Santa Barbara

816 Cacique St, SB Phone: 805-884-8481

Domestic Violence Solutions, Countywide

For men, women & children who are survivors of domestic violence.

- Lompoc: 805-736-0965
- Santa Barbara: 805-964-5245
- Santa Maria: 805-925-2160

Good Samaritan Family Transitional Shelter, SM

Two-year program, fee is 30% of monthly income. Must have stable income & desire to work towards independence in a group setting. 401 W Morrison Ave, SM Phone: 347-3338 ext. 107

Marks House Family Transitional Shelter, Lompoc

Families work with a case manager to develop money management, parenting, & budgeting skills. 19 bed family transitional shelter. 203 North N Street, Lompoc Phone: 805-735-9980

Recovery Way Home, Lompoc

Provides residential services for 6 months for perinatal women & their children ages 0-5 years old 604 W Ocean Ave, Lompoc Phone: 805-736-0357

The Salvation Army Transition & Recovery Center

Long Term (up to 2-years), Sober, Transitional Living Program designed to assist single, homeless adults (18 & older).

Program's overall objective is for resident to become self-sufficient, obtain/maintain secure income/employment & transition into safe housing. 423 Chapala St, SB Phone: 805-962-6281 X 1102

Sarah House, SB

End-of-life care for low income individuals regardless of their ability to pay. Houses patients with AIDS 2612 Modoc Rd. SB Phone: 805-563-9990

St. Vincent's Family Strengthening Program

Women & children with a limited income 4200 Calle Real, SB, Phone: 805-683-6381

Transitional Center for Women & Children

Provides residential services for 6 months for perinatal women & their children ages 0-5 years old. 412 E Tunnell St, SM Phone: 805-925-0315

Transition House, SB

Temporary housing for families while they save money for permanent housing. 425 E. Cota St, SB, Phone: 805-966-9668

WillBridge of Santa Barbara, Inc.

Transitional Housing: Shared housing All housing units are Co-Ed. No, walk in's or self-referrals. A Service Provider must refer all potential residents. Upon receipt of a client's referral, the Service Provider will then be contacted to schedule an interview. Phone: 805-564-1911

Permanent Housing

The first step to permanent housing is to complete applications with the following agencies:

Hotel de Riviera, SB

Permanent Housing for dually diagnosed people (30 Single resident occupancy units for homeless individuals suffering from mental illness combined with alcohol &/or drug problems). 30% of income. 125 W. Carrillo St., SB, Phone: 805-963-6443

PathPoint

Permanent & affordable shared housing options in Southern Santa Barbara county. Phone: 805-963-1086 www.PathPoint.org

SB County Housing Authority , Countywide

Applications must be made online unless you apply for a disability accommodation.

Goleta Housing Office

5575 Armitos Ave, Goleta Phone 805-967-3402

Lompoc Housing Office Section 8 Housing Office

817 W. Ocean Avenue Lompoc Phone 805-735-8351 Santa Maria Housing Office 200 W. Williams SM Phone (805) 925-4393 www.hasbarco.org

SB City Housing Authority

Note: Be sure to ask for all applications for people who are experiencing homelessness 808 Laguna St, SB Phone: 805-965-1071, www.hacsb.org

Peoples' Self Help Housing, Countywide

Santa Barbara Office (Victoria) Provides affordable housing & programs leading to self-sufficiency

for individuals, low-income families, seniors & other special needs groups on California's Central Coast.

Santa Barbara Office

26 E. Victoria Street, SB Phone: 805-962-5152 San Luis Obispo Office 3533 Empleo Street, SLO Phone: 805-781-3088 www.pshhc.org

SB Community Housing Corporation, Countywide

Affordable housing properties including the New Faulding. 11 E. Haley St, SB Phone: 805-963-9644 www.chcsb.com

WillBridge of Santa Barbara, Inc.

Permanent Supportive Housing: Individual rooms or Studio units. All housing units are Co-Ed. No, walk in's or self-referrals. A Service Provider must refer all potential residents. Upon receipt of a client's referral, the Service Provider will then be contacted to schedule an interview. Phone: 805-564-1911

Note: Many applications are available online & can be printed out.

The second step, or a concurrent one, is to apply for a Section 8 housing voucher. The Section 8 Housing Choice Voucher Program allows lowincome households (voucher holders) to pay approximately one-third of their income in rent & utilities to participating housing providers. The remainder of the rent is paid through federal subsidies to the housing providers by HACSB. The waiting list is long but priority may be given to: homeless individuals , Veterans, Seniors, or Vulnerable or disabled individuals

Veteran Services

"While the number of Veterans experiencing homelessness has been declining over the past three years, 67,000 former service men & women were homeless on a given night in 2011 as estimated by the VA. In general, Veterans have high rates of Post-Traumatic Stress Disorder, traumatic brain injury, & sexual trauma, which can lead to higher risk for homelessness. About half of homeless Veterans have serious mental illness & 70 percent have substance abuse problems. Veterans are more likely to live outdoors -- unsheltered -- & experience long-term, chronic homelessness."

National Call Center For Homeless Veterans

If you need housing assistance, call the National Call Center for Homeless Veterans at 1-877-4AID-VET (1-877-424-3838). When you call: You will be connected to a trained VA responder.

The responder will ask a few questions to assess your needs. If you're a Veteran, you may be connected with the Homeless Program point of contact at the nearest VA facility. Contact info will be requested so staff may follow up.

CA Department of Veterans' Affairs

To find out about housing assistance programs available in your area or for a statewide directory of CA homeless service organizations Phone: 1-800-952-5626, 1-800-324-5966.

CAL-VET Home Loans

800-952-5626 www.calvet.ca.gov/homeloans

CAL-VET – Women Veterans

womenveterans@calvet.ca.gov 916-653-2327

Disabled American Veterans (37)

Serving the Veterans of Santa Barbara Ellery Price, Comm&er/serv officer 112 W. Cabrillo Blvd., SB Phone: 805-965-7109

Employer Support of the Guard & Reserve

1-800-336-4590

HVRP: PATH -Santa Barbara

Helps Veterans Find Meaningful Employment. Phone: 805-570-1451

Independent Living Resource Center

Work with disabled veterans. Call for more information. Phone: 805-963-0595

New Beginnings Supportive Service

for Veteran Families (SSVF) Serving veterans & families of veterans in Santa Barbara. 324 East Carrillo St, Suite C, SB Phone: (805) 963-7777 ext. 107. www.sbnbcc.org

The Salvation Army Transition & Recovery Center

VA funded Transitional, Clinical Treatment & Bridge Housing beds. Phone: 805-962-6281 X 1102

The Salvation Army Transition &

Recovery Center, Supportive

Services for Veteran Families (SSVF) Funding for homeless prevention & rapid re-housing. Phone: 805-962-6281 ext. 115

SB VA Community-Based Outpatient Clinic

Health care, mental health care Mon- Fri 8am - 4:30 pm. 4440 Calle Real, SB, Phone: 805-683-1491

Santa Maria VA Community-Based Outpatient Clinic

Health care, mental health care 1550 E Main St, Santa Maria Phone: 805-354-6000

SB County Veterans Service Office

Help with all types of paperwork & referrals. Call first for appointment. VA Service Representative. 315 Camino Del Remedio, SB Phone: 805-681-4500

SSVF: Supportive Services For Veteran Families Program. See New Beginnings & Salvation Army

The Salvation Army Hospitality House

VA funded Grant Per Diem transitional housing beds & SSVF. Phone: 805-962-6281 ext 123

VASH Program

The HUD-Veterans Affairs Supportive Housing (HUD-VASH) program combines Housing Choice Voucher (HCV) rental assistance for homeless Veterans with case management & clinical services provided by the Department of Veterans Affairs (VA). VA provides these services for participating Veterans at VA medical centers (VAMCs) & community-based outreach clinics. Email referrals to Tameka Davis tameka.davis@va.gov Phone: 213-215-7136.

Veterans Administration Greater Los Angeles Healthcare System:

The largest, most complex healthcare system within the Department of Veterans Affairs. It is one component of the VA Desert Pacific Healthcare Network offering services to veterans residing in Southern CA (including SB) & Southern Nevada. Phone: 310-478-3711 11301 Wilshire Blvd, LA, 90073 www.losangeles.va.gov

Veterans Reps, SB County

The Veterans Services Program provides assistance to the community of Veterans in applying for, obtaining, & maintaining all available benefits & entitlements to which they may be eligible.

*SM Vet Rep: 511 E. Lakeside Parkway Rm. 126, SM Phone: 805-346-7160 *SB Vet Rep: 315 Camino Del Remedio, Bldg. 2, Rm 251, SB Phone: 805-681-4500 *Lompoc Vet Rep: 108 E. Locust Ave., Lompoc Phone: 805-737-7900

The Workforce Resource Center Financial coaching 1410 S. Broadway, SM Kay Wade: 805-614-6781

DISABILITY

Social Security US. Social Security Admin. Office Santa Barbara 122 W Figueroa Phone: 866-695-6285 Santa Maria 2436 Professional Pkwy, SM Phone: 800-772-1213 www.ssa.gov

Call the local SS Office to see if you are eligible to receive SS disability benefits if you are disabled, & to see about receiving your social security if you are 65 or older; in some cases you can receive early retirement benefits at age 62.

SS Income: SSI makes monthly payments to people who have low income & few resources & are: Age 65 or older; Blind; or Disabled.

Note: You can apply in person at the local office, online, or by a telephone appointment.; If you are a patient of the CARES clinic, they may assist you.

Eventually you will need proof of your Identity, but you can start your app before you have the documents listed here:

The ID must be current (not expired) & show your name, identifying information (date of birth or age) & preferably a recent photograph. For example, as proof of identity Social Security must see:

U.S. driver's license; State-issued no driver ID card; or U.S. passport.

If you do not have one of these specific documents or you cannot get a replacement for one of them within 10 days, we will ask to see other documents, including: Employee ID card; School ID card; Health insurance card (not Medicare card); or U.S. military ID card.

Tips:

-Get to know the person you are assisting so you can help communicate their experiences to the decision makers. -Help street friend keep all required appointments. -Turn all paperwork in on time. -Continue seeing public health/mental health professionals.

What To Do If You Are Denied:

If denied SSI/SSDI you should immediately contact a lawyer specializing in disability law to assist with the appeals process. If you do not appeal within the period of time you are given you will need to re-apply. If you have previously been denied but there has been a change in your physical or mental health conditions you may apply again.

Tri-Counties Regional Center

To be eligible for services, a person must have a disability that begins before the person's 18th birthday, be expected to continue indefinitely & present a substantial disability.

Santa Barbara 520 East Montecito St., SB 805-962-7881 800-322-6994 Santa Maria View location on Map 1234 Fairway Dr. A, SM 805-922-4640 800-266-9071

Amberger & Chamberlain, Disability Law 735 State St, # 512, SB Phone: 805-618-1600

Law Offices of Lisa C. Gilinger,

Disability Law 635 N. Alisos Street, SB Phone: 805-568-5370

SB Co. Bar Association Lawyer Referral Service

Assists people in SB County who have legal problems & seek the advice of qualified attorneys. 15 W. Carrillo St, # 106, SB Phone: 805-569-9400

Independent Living Resource Center

Benefits specialist Carol Baizer Mon- Fri: 9am-12pm & 1-5pm 423 W. Victoria St. SB Phone: 805-963-0595 SM Phone: 805-925-0015

Payee -- Social Security's Representative Payment Program

Financial management for Social Security & SSI payments of beneficiaries who are incapable of managing their payments. Generally, family or friends serve in this capacity. When not possible, Social Security looks for qualified organizations to be a payee. Phone: 866-695-6285

ProPay, Countywide

Representative payee services & financial management assistance for Clients of Behavioral Wellness.

Public Guardian, Countywide

Referrals for conservatorship 105 E. Anapamu St, SB Phone: 805- 568- 2790

The Bill Payers

This company offers representative payee services & financial management assistance to people with disabilities Phone: 805-985-3903

Children

Childwelfare Services, Countywide

(CWS) helps protect children & preserve families, by: Assessing & investigating allegations of child abuse or neglect. Offering voluntary or court-ordered services to families to ensure child safety in the home & strengthen the family. Arranging placements & services for children for whom a safe return home is not possible.

To **report child abuse** or neglect: Call Child Welfare Services toll-

free: (800) 367-0166.

M&ated Reporters: follow up with form SS 8572. If anyone is in immediate danger of harm, call 911.

Day Care/After School for Children

Girls Inc of Greater Santa Barbara

Girls 4 ½ to 18 . After school, girls at their licensed childcare centers enjoy quality, structured, educational & research-based enrichment programs designed to instill the specific knowledge, skills, & attitudes girls need to thrive. Summer Camp available. Goleta Valley Center 4973 Hollister Ave, Goleta Phone: 805-967-0319 Santa Barbara Center 531 East Ortega Street, SB Phone: 805-963-4757

Storyteller

Tuition-free early childhood education for homeless & at-risk children in SB County. Comprehensive support services for their families. 2115 State St (Admin office) SB Phone: 805-682-9585

Transition House Infant Care Ctr, SB

425 E. Cota St, SB, Phone: 805-730-3328

Support -Families with Children

CalWORKs provides cash aid & services, to help eligible needy families obtain food, shelter, & essentials. For most adults (those who are able to work & not exempt), there is a 4 year lifetime limit on CalWORKs cash assistance; & cash assistance is conditional on participation in work activities through the Welfare to Work program.

SB Social Services 234 Camino Del Remedio, SB Phone: 805-681-4401

SM Social Services 2125 S. Centerpointe Pkwy, SM, 805-346-7135

Lompoc Social Services 1100 W. Laurel Ave, Lompoc 805-737-7080

Project Preemie

Program for pregnant & parenting women with dual diagnosis issues. 412 East Tunnell Street, SM Phone: 805-925-0315

Storyteller Children's Center, South County

Early childhood education & comprehensive support services. Storyteller Children's Center helps homeless & at-

risk families improve their lives.
Childcare & Early Childhood

- Education
- Counseling/Family Support Services

Case Management

- Parent Support Groups/Education
 Workshops
- Mental Health/Disability Services
- Disability Services
- Physical Health, Vision & Dental Screening

Nutrition Services
2115 State St (Admin office) SB,
Phone: 805-682-9585

Temporary Assistance to Needy Families (Welfare)

The TANF program, which is time limited, assists families with children when parents or other responsible relatives cannot provide for the family's basic needs. 234 Camino Del Remedio, SB Phone: 805-681-4401

Women, Infants & Children Program

(WIC). A federally-funded health & nutrition program for women, infants, & children, 234 Camino Del Remedio, SB. Phone: 805-681-4401

Youth

Youth often leave home as a result of a severe family conflict which might include physical &/or sexual abuse. 1/4 of former foster youth experience homelessness within 4 years of exiting foster care. Research shows a high prevalence of depression, suicide initiations, & other mental health disorders among youth who are homeless. Chronic physical health conditions are common as are high rates of substance abuse disorders. Many youth who become homeless have histories of academic difficulties including suspension & expulsion.

Youth & Family Services YMCA. Three programs:

1. Noah's Anchorage Youth Crisis Shelter, Temporary shelter for youths ages 10-17. Outreach to youths/young adults

Phone: 805-963-8775

2. Support & Outreach Services, Street Outreach & case management team for youth up to age 24. Drop in center for 21 & under, youth ages 22-24 must call to schedule an appointment off-site Phone: 805-963-8775

3. My Home, Transitional living program for former foster youth, ages 18-21. 422 E. Cota Street Suite 101A, SB, | Phone: 805-560-8250

SAFTY, Safe Alternatives for Treatment of Youth (SAFTY) is a 24hour 7-days- a-week crisis service that specializes in providing immediate response & support for individuals age 21 & younger. Operated by Casa Pacifica. | Phone: 1-888-334-2777

Vehicle: A Place to Sleep.

New Beginnings Safe Parking Program (South County)

A safe place to park your vehicle & sleep overnight legally Criteria: Current license, registration & insurance. 324 E Carrillo St, C, SB Phone: 805-845-8492

Companion Animals/Pets

Assistance Dog Special Allowance Program (ADSA), Provides a monthly payment of \$50 to eligible persons who use a guide, signal, or service dog to help them with needs related to their disabilities. The allowance is to help pay the costs of food, grooming, & health care for the dogs. WHERE TO GET INFORMATION?

Office of Services to the Blind 744 P Street, MS 8-16-94 Sacramento, CA 95814 916-657-2628 (Voice) 916-653-7651 (TTY) Email: ADSAUser@dss.ca.gov_

C.A.R.E.4Paws works to reduce pet overpopulation, prevent animals from ending up in shelters & improve quality of life for pets & their families. We offer a range of services for pet owners in need, including free spays/neuters, intervention programs & bilingual community outreach. Phone: 805.968.CARE (2273) www.care4paws.org

Diana Basehart Foundation

Financial help for essential veterinary care to low-income families, seniors, veterans, & the disabled in Santa Barbara County. Phone: 805-222-4567

SB Humane Society (Members

only).For a \$25 annual fee, ownrs can update their pets' vaccines for a lower price (eg rabies -\$12.50). Other services include boarding, nail trims, etc. Call 805-964-4777 Mon-Fri at 10amNoon or 2-4pm to make an appt.

Index

-Abuse of Adults...4.8 -Adult Mental Health Services...7-8 -Adult Protective Services ...4,8 -Adult Education ...4 -Advocacy...5 -Alameda Park...2 -Alano Club...11 -Alcoholics Anonymous...11 -Allan Hancock College...4 -All Star Recovery...11 -Alpha Resource Center...10 -Amberger & Chamberlain...5, 14 -American Indian Health Services...6 -Animal ...15 -Another Road Detox...6 -Assistance Dog Special Allowance Program... 15 -Bankruptcy Clinic ...5 -Behavioral Wellness (formerly ADMHS)...7-8 -Benefits & Referral Center...7 -Bethel House for Women...10 -Bill Payers...14 -Birth Certificates ...3 -Brain Iniurv...10 -Bridge House Emergency Shelter...1 -Busses...9 &10 -Cabrillo Bathhouse...3 -CAC Senior Lunch Program...2 -CADA...10 -CalWorks...4, 15 -California Rural Legal Assistance...5 -Cal Vet (CA Dept of VA affairs) ...12, 13 -Cal Vet/Women Veterans ...12, 13 -Cares For Paws ...15 -Casa Esperanza Homeless Center (now PATH - Santa Barbara)...1,3, -Casa Serena for Women...10 -Catholic Charities...2 -Central Coast Area Agency on Aging ... 9 -Central Coast Headway...10 -Central Coast Rescue Mission...11 -Child Welfare...4, 14 -City Housing Authority...12 -Cliff Drive Senior Luncheon...8 -Clothes...2 -Coast Valley Substance ...10 -Coordinated Entry System Physical Entry Points ...18 -Cottage Hospital (Santa Barbara Cottage Hospital)...6 -Cottage Residential Center...11 -Community Counseling & Education Center...8 -Community Kitchen...2 -Community Health Centers...6 -Community Partners in Caring...9 -Companion animal ...15

-Cornerstone...11 -County Clinic...6 -County Housing Authority ...12 -Counseling...7-8 -Covered California...7 -Day Care for Children...14 -Davis Center, City Parks & Recreation...8 -Denti-Cal Providers ...6 -Department of Rehabilitation ...4 -Department of Social Services...3, 14 -Detox (See: Project Recovery Detox Program)...6 -Developmental Disabilities ...10 - Disability Law...5, 13,14 -Diana Basehart Foundation...15 - Disabled American Veterans (Chapter 37. Santa Barbara)...12 -Doctors Without Walls ...6 -Domestic Violence...1, 8 -Domestic Violence Solutions ...1, 8, 11 -Dual Diagnosis ...8,11 -Eastside Dental Clinic ...6 -Eastside Neighborhood Clinic...6 -Easv Lift ...9 -EDD Employment Development...4 -Education ...4 -Edgerly Apartments...8 -Emergency Psych...Assess...7 -Emergency Rooms...6 -Employment...4 -Eyeglasses ...7 -Families Act!...5 -Family Law Facilitator...5 -Fellowship Club (formerly Mental Wellness Center)...1 & 2 -Faulding Hotel ... See Santa Barbara Community Housing Corporation...12 -Feed Lompoc...1 - Foursquare Church Meal... 2 -Food ...1-2 -Food for Angels, Isla Vista...2 -Foodbank...2 -Food Stamps (CalFresh)...2 -Franklin Public Health Clinic...6 -Friendship Adult Day Center...8 -Freedom Warming Centers...1 -General Relief (GR)...3 -Girls Inc...14 -Gilinger, Lisa (disability law)...5, 14 -Giving Tree...11 -Goleta Neighborhood Clinic...6 -Good Samaritan...1, 7, 12 -Goodwill Workforce Services...4 -Greyhound...10 -Guydance House...11 - Half Century Club Lompoc...2 -HASB Furniture Closet...4 -Health Insurance ...-Health Care for the -Homeless Program...7 -Health Insur...Seniors HICAP...7 -Hospital ...6 -Hospice/Grief Counseling...8

-Hotel de Riviera...12 -Housing ...12 -Housing Authority City SB (HASB)...8 -Housing Support...4 -Identification...4 -Isla Vista Neighborhood Clinic...6 -Independent Living Resource Center ...5, 12 -In-Home Supportive Services...4 -Jewish Federation...8 -Job...4 -Job Training ...4 -Jodi House ...10 -Labor Readv...4 - La Purisima Perish Hall Meal.... 2 -Laguna Cottages for Seniors...9 -Lawyer (Santa Barbara County Bar Association Lawyer Referral Service)...5 -Law Office Lisa C. Gilinger...5, 14 -Laundry Love...3 -Legal...5 -Legal Resource Center...5 -Legal Aid Foundation of SB County ...5 -Light & Life Goleta...2 -Loads of Love...3 -Lompoc Transit...9 -Lompoc Valley Compressive Care Center...6 -Markettableyou.org...4 -Marks House...12 -Medi-Cal...7 -Mental Health Services...8 -Mental Wellness Center...2.8. - Miracle House Women's Home....11 -Mobile Food Bank...2 -Mobile Meals...9 -Morning Star Laundry...3 -MTD (Metropolitan Transit District)...10 -Narcotics Anonymous...11 -National Call Center for Homeless Veterans 12.13 -National Alliance on Mental Illness Southern Santa Barbara County (NAMI)...5 -Neighborhood Clinics...7 -New House ...11 -New Beginnings...1, 8, 12 -New Life Christian Church...2 -Noah's Anchorage Youth Crisis Shelter...1 -Organic Soup Kitchen... -Outpatient Programs...10 -Pacific Pride Foundation....8 -Parole....5 -PATH -Santa Barbara...1, 3, 6, 7, 9, 10, 11, 12 -PathPoint...4.8.10 -Payee (Social Security Rep Payee Program)...14 -Permanent Housing...12 -Permanent Supportive Housing...12 -Pet...15 -Peoples' Self Help Housing ...12 -Pershing Park...1, 2,

For additions or changes please email cgvolunteers@gmail.com The work that provided the basis for this publication was supported by funding from SBC Behavioral Wellness. The substance & findings of the work are dedicated to the public. The author & publisher are solely responsible for the accuracy of statements & interpretations. Such interpretations do not necessarily reflect the views of the government. [Last updated 9/4/19]

-Planned Parenthood...6 -Pregnant...8,15 -Probation...5 -Project Outreach ...5 -Project PREMIE...10, 11, 15 -Project Recovery ...6 -ProPay...14 -Public Defender...5 -Public Guardian...14 -Public Health ...6 -Rape Crisis Centers (now Standing Together to End Sexual Assault)...8 -Recovery...6, 10, 11 -Recovery Point Acute Care Detox...10 -Recovery Way Home...8, 12 -Rental Housing Mediation Program...5 -Rescue Mission (SB)...1, 2, 3, 10, 11 -Residential Treatment ... -Restorative Court... -Restorative Policing...5 -SAFTY...15 -Safe Parking Program...1, 15 -Salvation Army Transition & Recovery Center1, 12 -Salvation Army Santa Maria...2, 12 -Sanctuary Physiatrist Centers of SB...10 -Santa Barbara Community Housing Corporation (SBCHC)...12 -Santa Barbara Cottage Hospital...6 -Santa Barbara County Housing Authority...12 -Santa Barbara City Housing Authority...12 -Santa Barbara Rescue Mission...1, 2, 3

-Santa Barbara Vision Care Program...7-Santa Maria Area Transit...10 -Santa Maria Health Care Center...6, 7 -Santa Maria Recovery Point Detox...6 -Sarah House ... 12 -SBCC/Continuing Education...4 -SB Social Services...3, 14 -Schott Center...4 -Section 8...9 -Seniors...9 -Senior Lunch Program...1,9 -Sexual Assault...8 -Shelter, Emergency... -Showers...3 -Showers of Blessing...3 -Social Security & Social Security Disability...13 -Social Services ...3, 4, 13 -Sober Living ...11 -SSVF (Supportive Services Veteran Families)...13 -Stalwart Clean & Sober/& for Women...11 -St&ing Together to End Sexual Assault (formerly Rapid Crisis Center)...8 -St. Brigid Fellowship Goleta/Isla Vista...2 - St Timothy's Church Meal2 -St. Vincent's...8, 11 -Storyteller...15 - Sunset Farm Men's Recovery Home -TANF: Temporary Assistance For Needy Families 15 -TB testing...7 -Transportation...9

-Transition House Family Shelter...1, 11 -Transitional Center for Women & Children...8, 12, 14 -Transitional Housing...11 -Transitions Mental Health Assn...8 -Tri-County Regional Center ...14 - Trinity Nazarene Church Meal & Services... 2 -Turning Point...10 -Unity Shoppe...2 -VASH Program...13 -Vehicle ...15 -Veterans Services...12, 13 -Veterans Service Office (SB -County)...13 -Victim Witness (DA)...8 -Villa Caridad...9 -Villa Majella...8, 11 -Warming Centers...1 -Wake Center...4 -Welfare (TANF)...15 -Westside Neighborhood Clinic...7 -WillBridge of Santa Barbara, Inc ...12 -Women's Free Homeless Clinic...3 -Work...4 -Work Force Resource Center...4 -Women Infants & Children Program (WIC)...15 -Youth...15 -YMCA...15 -Zona Seca ...11 -12-Step Program...11

www.commongroundsbc.org

The Common Ground Santa Barbara County volunteer effort is a special project of the Northern Santa Barbara County Unite Way. The substance & findings of the work are dedicated to the public. This Resource Guide was last updated 8/25/19. To suggest edits please email cgvolunteers@gmail.com.

COORDINATED ENTRY

- 1) Complete a Vulnerability Index Survey, Standard Intake & Release of Information at a Regional Entry Point:
- CARPINTERIA, Carp Connect, Carpinteria Veterans Memorial Building Courtyard, 941 Walnut Ave, Wed 1-4pm
- ISLA VISTA, Isla Vista Community Service District, 970 Embarcadero Del Mar, Isla Vista, Wed & Fri 12:30-2:30pm
- LOMPOC, Bridgehouse, 2025 Sweeney Rd, Lompoc. Mon, Wed & Thurs 10am-12pm
- SANTA BARBARA, PATH Santa Barbara, 816 Cacique Street, SB. Mon, Tues, Wed & Thurs 8:30-10:30am Or; The Salvation Army Transition & Recovery Center, 423 Chapala St, SB, Wed 1-2pm.
- SANTA MARIA, Good Samaritan Shelter, 401 W Morrison Ave C, SM. Mon, Wed & Fri 3-5pm
- SOLVANG, Santa Ynez People Helping People, 545 N. Alisal Road, Solvang. Tues 9:30-1am
- 2) Complete the Document Ready Process & connect with other resources as appropriate. This may include Safety Planning, Social Security, Public Health, Youth Services, Veterans Services, Mental Health, Recovery, etc.

STREET OUTREACH

Common Ground Santa Barbara County is dedicated to training & providing resources to support ending homelessness in our county. You can support this work in many ways:

- 1) Join a Common Ground Santa Barbara County outreach team!
- 2) Organize a sock, cereal bar, rain poncho, or toiletries drive. These items are invaluable when it comes to outreach.
- 3) Attend a volunteer training to learn best practices of outreach!
- 4) Volunteer with a non-profit or community action group that needs your help.

HOUSING SUPPORT

Newly housed individuals & families are experiencing a significant change in their lives. With housing comes a new environment, neighbors, &, for those chronically on the streets, a need to build new skills & create new social structures. This can be stressful, but you can help in many ways, here is how:

- Participate in our Common Ground Santa Barbara County housing outreach programs. Visit with friends in housing in a laid-back environment. Offering a listening ear is often just what a person needs.
- 2) If you are unable to attend the housing outreach, you can still contribute to our weekly housing meal shares. Disposable utensils, napkins, drinks, healthy food, & salads are a huge help as some people newly in housing have limited incomes.
- 3) Helping furnish an apartment with simple necessities is another great way to help a person feel more at home. New or gently used items are welcome as are basic household items: towels, pots, pans, dish soap, toiletry items.

GET INVOLVED

By navigating systems alongside people experiencing homelessness, you can act as an advocate to ensure they receive the services they need.

To join a Common Ground Santa Barbara County Outreach or Housing Team or if you are interested in organizing a Sock & Supply Drive or contributing to one of our weekly Housing Meal Shares:

www.commongroundsbc.org cgvolunteers@gmail.com or call 805- 451-5604



