

## **Emergency Contraception (EC)**

- EC is a safe and effective way to prevent pregnancy after unprotected sex or contraceptive failure.
- EC is a higher dosage of the same hormones found in "the Pill"
- EC can be taken up to 72 hours that's 3 days after sex. It requires 2 doses, taken 12 hours apart. It is most effective when taken in the first 24-48 hours after sexual intercourse.
- EC is **NOT** the same as **RU-486** (the abortion pill) and will not interrupt an established pregnancy.
- EC will not protect you from sexually transmitted infections or HIV/AIDS

The following pharmacies provide Emergency Contraception without a prescription. **Please call for hours of the certified pharmacists.** 

Pharmacy Address	Phone
Rite Aid 199 N. Fairview	805-967-0432
Rite Aid 7127 Hollister Ave.	805-968-2954
Rite Aid 1976 Cliff Drive	805-564-6599
Walgreen's 5900 Calle Real	805-967-3798
<u>Clinic</u> Planned Parenthood 518 Garden St.	805-963-5801
Eastside Neighborhood Clinic 915 N. Milpas St	805-963-1641

Westside Neighborhood Clinic 628 W. Micheltorena 805-963-1546

Isla Vista Neighborhood Clinic 970 Embarcadero Del Mar 805-968-1511

For further Information on Emergency Contraception check out **www.EC-HELP.org** Or call 1-800-323-1336

> Santa Barbara City College Student Health Services 721 Cliff Drive, Santa Barbara, CA 93101 SS-170 ♦ 956-0581 ext. 2298 www.sbcc.edu/healthservices